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INGREDIENTS

For 4 people

Vanilla cream with berries

250 g low-fat quark
Pulp of a vanilla pod
50 g yogurt 3.5% fat
60 g sugar
3 egg whites

300 grams of mixed berries (raspberries and / or blueberries and / or strawberries)

Mix the quark, yoghurt and pulp of the vanilla pod with 30 grams of sugar. Whip the egg white with the remaining sugar very stiff and fold into the quark mixture. Put the vanilla cream in bowls and garnish with berries.

Wine recommendation

Riesling Auslese (residual sweet)